

GLUTEN FREE

AVAILABLE:



01700 507135



jamjarbute



contact@thejamjar.co.uk



thejamjar.co.uk

STARTERS

Lentil Soup

A classic soup served with GF bread.

£ 5.95

Chicken Tempura

With choice of Garlic Mayo and salad garnish. GF batter.

£ 7.95

Prawn Cocktail

Prawns served with marie rose sauce and salad and GF bread.

£ 8.25

Vegetable Tempura

With choice of Garlic Mayo and salad garnish

£ 7.25

Nachos

Classic tortilla chips, sour cream, guacamole, cheese & jalapeno **Add:** chilli con-carne £2.00

£6.25

Fish Goujons

In a crispy GF batter served with salad garnish & choice of Garlic Mayo.

£ 7.45

MAIN DISHES

Classic Fish & Chips

GF battered Cod served with chips. Choice of garden peas, mushy peas or salad garnish. Homemade tartare sauce.

£ 17.45

Macaroni Cheese

Delicious homemade GF macaroni cheese served with chips. **Add:** Bacon, £1.00

£ 14.00

Jam Jar Special Burger

A stack consisting of two 6 oz Aberdeen Angus burgers with cheese, in a GF bun. Lettuce, tomato, red onion, burger relish. Served with chips.

£ 19.45

Mediterranean Penne Pasta

A delicious GF penne pasta with onions, peppers, olives, spinach, cherry tomatoes. Served in a delicious homemade tomato and basil sauce.

£ 12.95

If you have a food allergy, intolerance, or coeliac disease – please speak to the staff about the ingredients in your food and drink before you order.

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CLASSIC BURGERS

A 6oz Aberdeen Angus beef burger served in a GF bun. Lettuce, tomato, red onion, burger relish. Served with Chips

Beef Burger	£ 14.45
Cheese Burger	£ 15.50
Cajun Chicken Burger	£ 15.55
Philly Cheese Minute Steak Burger	£ 15.95

ADDITIONAL TOPPINGS:

Extra Cheese	£ 1.50
Bacon	£ 1.60
Fried Onions	£ 1.20
Fried Egg	£ 1.20

GF bread, wraps

SANDWICH TOASTIE

WRAP

BAKED POTATO

Cheese	£ 4.95	£ 5.15	£ 5.75	Beans	£ 6.75
Cheese & Ham	£ 5.75	£ 6.25	£ 6.45	Cheese	£ 7.20
Cheese & Onion	£ 5.20	£ 5.35	£ 5.95	Chicken Mayo	£ 8.25
Cheese & Tomato	£ 5.20	£ 5.55	£ 5.95	Coleslaw	£ 6.95
Egg Mayo	£ 5.65	£ 5.95	£ 6.10	Coronation Chicken	£ 8.45
Chicken Mayo / Tuna Mayo	£ 6.95	£ 7.15	£ 7.45	Prawn Marie Rose	£ 8.95
Coronation Chicken	£ 6.95	£ 7.15	£ 7.45	Tuna Mayo	£ 8.25
Prawn Marie Rose	£ 7.20	£ 7.35	£ 7.75		
B.L.T	£ 6.45	£ 6.75	£ 6.95		
Steak Baguette (served with mushrooms and onions)			£ 6.95		

All dishes on this menu do not use gluten containing ingredients. If you have any questions please ask staff



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